

# **ESSIC FOCUSSING WEBINARS**

There is no less important part in managing and help

# WEBINAR 1 | Physiotherapy approaches for managing IC/BPS

# 17 DECEMBER 2021 | 14.00 CET Scientific Directors: JJ Wyndaele & Anna Padoa

# RATIONALE

This first of a series of webinars organised by ESSIC is the start of a new approach to science, research and especially optimal management of BPS/IC today. Each webinar focusses on a specific topic. This one deals with physiotherapy a very important part of therapy. It is presented by top specialists in the field all with a very large knowledge, great experience with the clinical application as part of the global approach needed in these patients.

14.00 Welcome J.J. Wyndaele and Anna Padoa
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#### SCIENTIFIC PROGRAMME

14.10	Myofascial therapy, trigger point management, graded motor imagery	J. Bond	20'
14.30	Integrative approach	C. Vandyken	20'
14.50	Role of electrotherapy	J.J. Wyndaele	20'
15.10- 15.40	Q&A Discussion under chairmanship	A. Padoa	30'

# FACULTY

Jilly Bond, UK Anna Padoa, Israel Carolyn Vandyken, Canada Jean Jacques Wyndaele, **Belgium** 

ESSIC EXECUTIVE COMMITTEE Mauro Cervigni, ESSIC President, Italy

Robert Moldwin, ESSIC Vice President, USA

Jean Jacques Wyndaele, Past President Chair of ESSIC Education Committee, Belgium

# HOW TO ATTEND

Attendance to the Webinar is free of charge however online registration is mandatory. Feel free to fill in the application form available on the ESSIC website WWW.ESSIC.ORG. Registered participants will receive the link to attend few days before the webinar.

# **ORGANISING SECRETARIAT & ESSIC OFFICE**



defee Via Mosè Bianchi 101, Milano essic@defoe.it - www.defoe.it

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